

SOCIAL MEDIA POLICY FOR CLIENTS



As a client of a Counsellor in private practice, please be mindful of the following social media policy:

1. *Confidentiality*: Respect the confidentiality of your Counsellor and other clients. Do not post any information that could identify your Counsellor or other clients on social media platforms.
2. *Professionalism*: Your Counsellor has a professional relationship with you, and it is important to maintain that level of professionalism both in and outside of the therapy session. Do not engage in any online communication with your Counsellor that is not related to your therapy.
3. *Privacy*: Your Counsellor respects your privacy, and you should do the same for them. Do not request to connect with your Counsellor on personal social media accounts.
4. *Boundaries*: Respect the professional boundaries between you and your Counsellor. Do not post comments, images, or videos on social media that may compromise the therapeutic relationship. Refer Professional Boundaries Policy.
5. *Negative Comments*: If you have any concerns or issues related to your therapy, please discuss them directly with your Counsellor. Posting negative comments or reviews on social media is not an appropriate way to address your concerns.
6. *Legal Obligations*: Any posts on social media that may infringe on the law or the legal rights of others are not permitted.

It is important to remember that the purpose of therapy is to create a safe and confidential space for clients to explore their inner world. Therefore, please refrain from any social media activities that may compromise this purpose.